

# Principles in Care Planning

The course introduces you to the principles and practice of person-centred care and planning and the values that underpin the planning process. It looks at the role of the care worker and the link to supporting good nutrition and hydration in health and social care settings.



## Benefits

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers
- Further your personal and professional development
- Learn at a time that suits you without the need to attend college
- Understand the importance that good nutrition and hydration has on an individual's health

## What you will learn

- Understanding person-centred thinking and planning
- Care planning for the care worker
- Principles of supporting an individual to maintain personal hygiene
- Understanding nutrition and hydration in H&SC settings
- Understanding continence care
- Principles of supporting sleep



## Eligibility Criteria

- Aged 19+ (born before 01/09/1999)
- Lived in the EU for 3 years



Available  
fully funded

To find out more about this qualification, please contact:

Call: 01924 303 302 | Email: [wakefieldonlinelearning@wakefield.gov.uk](mailto:wakefieldonlinelearning@wakefield.gov.uk) |

Visit: [www.wakefield.gov.uk/adulteducation](http://www.wakefield.gov.uk/adulteducation)