

**WAKEFIELD 2017 DIRECTOR OF HEALTH ANNUAL REPORT
BETTER MENTAL HEALTH FOR ALL**

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2017 RECOMMENDATIONS	PROGRESS SINCE 2017
<p>1] Overarching: Develop a Prevention Agreement for Better Mental Health</p>	<ul style="list-style-type: none"> • A draft Prevention Concordat agreement was agreed by the Health and Well Being Board and is now being aligned to the work of the Mental Health Provider Alliance for Wakefield District.
<p>2] Take action to reduce poverty and support Wakefield District's Good Growth Plan</p>	<ul style="list-style-type: none"> • As part of the Council poverty reduction programme it has reviewed its services that prevent, mitigate and support exit from poverty, with recommendations to improve these services and a cross council action plan. • A targeted piece of work has begun to reduce the risk of family homelessness. • Three year funding has been approved for Wakefield District's Citizens Advice service (6,000 clients per year self-identify with mental ill health and received benefits and debt advice). • WDH have a Housing Co-ordinator based at Fieldhead Mental Health Hospital to reduce housing related barriers to timely discharge from hospital. • Housing and Health Improvement teams are raising the profile of the links between housing & mental wellbeing via Affordable Warmth Charter and Money Smart Schemes. • The West Yorkshire Fire Service Safe and Well programme is tackling social isolation.

<p>3] Support campaigns to promote good mental well-being and reduce mental health stigma</p>	<ul style="list-style-type: none"> • A public Five Ways to Well-being campaign and Children and Young People suicide prevention campaign was launched during 2018. • The Council has commissioned a five ways to well-being service to support people of working age with poor well-being of working age. • A volunteer network managed by NOVA has been funded to develop Volunteering Centres through the Community Anchor Network (to increase active citizenship in local communities).
<p>4] Develop and publish intelligence about mental health risk factors, mental health conditions and community assets</p>	<ul style="list-style-type: none"> • The JSNA mental health pages have been updated with the findings of a local Adult Psychiatric Morbidity Survey. A suicide/self harm surveillance bulletin has been developed and mental health intelligence newsletters distributed.
<p>5] Support the Early Years Strategy and Future in Mind programme for Wakefield District</p>	<ul style="list-style-type: none"> • The first 1,000 days work programme is now a key priority in Wakefield Children and Young People's Plan. • The number of children achieving a 'good level of development' at the end of reception has risen (but is still lags behind the England rate). • As part of Future in Mind, Community Navigators work with 300 young people a month across 26 school settings and Primary Practitioners make over 1,000 school contact and visits per year. • Kooth's face to face service provide counselling to young people in 17 secondary schools. • The Recovery College has started at course for 14-18 year olds, starting with Transgender awareness.

5] Employers develop workplace wellbeing initiatives

- Key statutory organisations have invested in Mental Health first aid training and developed well-being champions across the workforce.
- SafeTalk suicide training and the zero suicide alliance e-learning toolkit has been promoted to front line staff.
- Over 1,000 workplace wellness checks have been completed by Spectrum.
- Five more businesses have signed up to the Workplace Wellbeing Charter.

7] Improve behavioural factors that influence positive mental health

- Adult smoking prevalence has fallen to 18% in 2017 (from 22% in 2015) and smoking at the time of delivery has reduced from 20% to 18%.
- The stop smoking service has seen an increase in quit dates this year and has trained two-thirds of Mid Yorkshire NHS Trust staff in brief interventions for stopping smoking.
- SWYPFT continues as a smokefree trust and is updating its policy.
- Alcohol-related hospital admissions have declined, supported by the Alcohol Liaison Service based in Pinderfields.
- In 2018, 800 people accessed exercise on referral; families take part in Health by Stealth story walks; 22 schools have the daily mile as part of the school day; the health walk programme continues to grow led by approximately 160 volunteers; and the Recovery College “Mindful Movers” programme is targeting community based improvement in physical and mental health.
- 158 staff have been trained in Making Every Contact Count (MECC) this year, delivered to a range of organisations and as part of Connecting Care+ workforce transformation.

8] Reduce the suicide rate for Wakefield District

- Wakefield Suicide Strategy has been published and launched via a local conference with an action plan developed, including a suicide prevention training programme commissioned for 2019.
- The children and young people suicide prevention group has developed prevention guidance for professionals, suicide notification and response protocols and support materials for young people and parents.

9] Support the work of the local Dementia Action Alliance, reduce social isolation and support carers

- The dementia diagnosis rate for NHS Wakefield CCG is 67% with work beginning on the Dementia Pathway Project.
- A Carers Strategy has been developed and adopted.
- Live Well Wakefield has received 1,700 referrals in its first year, with the top reasons for referral; to support depression, low level mental health issues and non-medical factors impacting on health and well-being.
- A Social Prescribing Link Worker is working across mental health services and the community to support access to Creative Minds arts and recovery programme.

10] Health and social care organisations to move towards parity of esteem (equal priority) for mental and physical health

- Wakefield mental health inpatient services operate a zero tolerance approach to out of area (OOA) placements, with OOA usage for Wakefield eliminated during August 18.
- SWYPFT and the police are working together to strengthen joint liaison and advice systems (Intensive Home Based Treatment staff will have access to Police systems).
- There has been an 8% increase (to 9,700) in the number of referrals to Turning Point's talking therapy service in 2018, with the service focussing on hard to reach groups (older people, pregnant women and nursing mums).
- In support of parity of esteem people with mental health and long term conditions are being supported via a CCG online strategy.