

Autism Awareness/ Introduction to Autism



What will I learn?

- What is autism?
- How to support individuals with autism
- How to support positive behaviour
- Sources of relevant help and information

Who is it for?

Anyone aged 19+ and you may be entitled to a free course.

It would particularly benefit people wanting to improve their knowledge and understanding of working or living with individuals with autism.

This course can be tailored to meet the needs of the group and can range in length between just a one off session or up to 5 weeks.

Where and when will it take place?

Courses start throughout the year at various locations across the Wakefield District.

What do I need to bring with me?

Pen, notebook and A4 file

Important Information about your Course:

- **Autism Awareness** is a one-off session of 3 hours to touch upon some of the issues and misconceptions around autism
- **Introduction to Autism** is a 5 week course that explores the concepts raised in an awareness session in more detail, with an emphasis on how to support individuals with autism.
- You are expected to attend every week/session
- The course is for anyone wishing to gain an understanding of mental health, and some common mental health issues.

How do I enrol?

For further information or to book on this course please contact:

Manygates Adult Education Centre

Telephone: 01924 303302

e-mail: Manygates@wakefield.gov.uk



Education & Skills
Funding Agency