



Information and Application Pack

What is it?

Mooncup is a soft silicone cup that can be reused for every period. Worn internally, slightly lower than a tampon, Mooncup collects rather than absorbs menstrual fluid.

Is it easy to use?

Correctly inserted Mooncup is so comfortable that you can not feel it is there. It may take a little practice at first, as you need to find the angle and position that is right for you.

Mooncup is folded and inserted into the vagina and opens up once it is inside. You will need to take out and empty your Mooncup every four to eight hours depending on your flow. Mooncup is then simply rinsed out or wiped, and reinserted. It can be sterilised between periods to keep it clean.

Why is it better?

Mooncup is designed for comfort and convenience. There is no mess, no leaks and no dryness. You will only need one Mooncup, which saves you money and is eco-friendly.

Mooncup is made from hypoallergenic silicone. It will not imbalance your healthy vaginal environment or deposit fibres in your vagina wall. With Mooncup you will not absorb pesticides or bleaches into your body. Mooncup is ideal for travelling, swimming, exercise and overnight use.



Application form

Mooncups can be purchased from Wakefield Council at a subsidised rate of £16.00 (including postage and packaging)

If you would like to order a Mooncup please complete this form

Name: _____

Address: _____

Telephone/email _____

Mooncups come in two different sizes. The sizes are related to the pelvic floor tone. To ensure that the correct size is sent to you please can you complete the following information.

Have you had children	Yes	No	
Did you have a vaginal birth	Yes	No	N/a
Did you have a Caesarean	Yes	No	N/a
Are you under 30 years of age	Yes	No	

Please return this form with payment by cheque or postal order made payable to Wakefield MDC for £16.00 to

Waste Recycling Services
Newton Bar Depot
Bradford Road
Wakefield
WF1 2TY

For further information please contact Waste Recycling Services on
08458 506 506