

## **PUGNEYS COURSE CONDITIONS**

### **ABOUT THE COURSES**

Pugneys Country Park is a Royal Yachting Association and British Canoe Union recognised teaching centre. The courses offered are from the national windsurfing, dinghy sailing or canoe coaching schemes. All the instructors are highly qualified through the appropriate governing body and have considerable experience in teaching at Pugneys.

Pugneys Country Park has also achieved the prestigious ISO 9001;2000. This means we place the highest emphasis on safety and quality.

### **SAFETY RULES**

Participants should be medically fit and be able to swim 50 metres in light clothing.

Buoyancy aids must be worn at all times whilst participating in watersports.

A safety boat is in operation while watersports are taking place.

Please notify staff of any difficulties that may affect your watersport enjoyment.

### **HOW TO APPLY**

If you are unsure about which course is for you then please contact one of our staff who will be pleased to advise you.

When you have decided which course you would like to attend, fill in the application form indicating preferred dates, enclose £25 deposit, and bring it along or send it to:-

**Pugneys Country Park  
Asdale Road  
Off Denby Dale Road  
WAKEFIELD  
WF2 7EQ**

### **WHAT TO BRING**

Waterproofs and warm clothing along with a complete change of clothing for the dinghy sailor. Plimsolls or wetboots for the windsurfer. Showers are available so towel and toiletries would be handy.

A Café is available on site though you may wish to bring a packed lunch. Ample picnic facilities are available.

Logbooks and handbooks are available from Pugneys Country Park.

Participants who already possess and RYA logbook will have their books updated by the course instructor at the end of the course.

### **LOGBOOKS AND HANDBOOKS**

Logbooks and handbooks which follow the syllabus of the courses are available from Pugneys Country Park. Prices vary according to the course – see reception at Pugneys for more details.

### **OTHER COURSES**

Outdoor Management Training / Team Building days can be arranged to suit a group / company needs. Real practical problems can be set up which will require team work, communication, organisation and other such skills. The exercises can then be linked to a review session to enhance the learning procedure.

Other courses or assessments can be organised on request for youth and school groups, ethnic minorities, women's and disabled Private instruction is available for individuals or groups, a 1.5 hour sessions costs £35.00

Max numbers:-	Windsurfing	6
	Dinghy sailing	6 (in single handed dinghies) or 3 (in a multi-handed dinghy)
	Canoeing	8

Assessments can be arranged for experienced sailors or groups of canoeists.

If you would like to know more about the courses or other activities available at Pugneys Country Park, then please ring

**(01924) 302360**