

Friday Morning:

Midwives Drop In; Liz & Jackie midwife drop 9.30am
11am.

Ante Natal; Please ask midwives for more details,
10.45am - 12.00pm.



Sycamores book library at Salvation Army Play group;
9.30 to 11.30am - to see you there!

Breastfeeding Support Group; Are you breast feeding
or thinking of weaning, would you like some support?

Why not come along and talk to other parents and our
'Little Angel' support worker 9.30am -11.30pm



Friday Afternoon:

Sycamores Story Time at Knottingley Library -
term time only; Listen to a story and afterwards,
enjoy fun activities linked to the story, 2.15pm - 3.00pm



Baby Massage; for babies up to approx 8 months.
Four week course, come along and discover the
benefits for you and your baby. Drop in or call to book a
place. 1.15pm - 3.00pm



The Sycamores Children's Centre And 0-3's Child Care

What's On - Issue 8 from 21 June 2010



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**Sycamores
Children's Centre**

A Sure Start Children's Centre

Monday Morning:

Young Ones 0 - 18 months; Come and meet other families and enjoy activities and experiences together 9.30am - 11.00am



Monday Afternoon:

Jo Jingles; Fun music and movement
1.30pm - 2.15pm £2.00 per session



Play & Stay at Ferrybridge Community Centre

1.30 - 3pm; 0-5 years, plenty of toys and activities for your child to enjoy, come along and have fun!



Tuesday Morning:

Play & Stay at Throstle Farm Nursery Building;
0-5 years 9.30am - 11.00am



Job Centre Plus Drop in, book an appointment to see Ann job centre advisor.



Wednesday Morning:

WDH community employment advisor drop in, help and advice on CV writing 9.00am - 12.00pm

Wednesday Afternoon:

Childminder Support Group: information and support for childminders with activities for children 0-5 years
1.00 - 2.30pm



Thursday Morning:

Circle of Friends; Parents forum 9.00am -10.30am

Health Trainers; Are you 16+ come and meet Sue for free confidential support on many issues like
reducing stress, diet and sensible drinking. Drop in or make an appointment, call 01977 665717 9.00am - 12pm



Family Support Drop In; If you need advice, support or just feel like having a coffee and chat call in to see us 2.00pm - 4.00pm

