The Children Act 1989 and the Children and Families Act 2014 give local councils and their partners the duty to ‘take reasonable steps’ to identify young carers, to assess the impact of their caring responsibilities ‘on the appearance of need’ (i.e. without a ‘request’ having to be made), and to consider the impact of caring on that child or young person.

**Young Carers Pathway**

The pathway outlines a series of steps to support young carers, including identifying current needs assessments, completing needs assessments, managing through existing arrangements, and referring to additional support as needed. It also provides contact information for various services and resources.

For Young Carers aged 11+ (in high school) consider a nomination to The Youth Work Team’s Young Carers Group 01924 302665

Kooth.com is an online counselling service which is a free, confidential, safe and anonymous way to ask for help. www.kooth.com

Young Adult Carers (17+) signpost to Wakefield & District Carers 01924 305544 to transition to adult services

Consider signposting Young Carers to local organisations & groups for support.

Ensure that you follow appropriate information sharing and data protection procedures when dealing with consent issues.
About Young Carers

Young carers are ‘children and young people under 18 who provide or intend to provide care for another person (of any age, except where that care is provided for payment, pursuant to a contract or as voluntary work.)’

Where young carers have needs which require support, local councils and partners have to provide support directly to the young carer or demonstrate that the ‘cared for person’s’ assessment has provided adequate care and support to prevent the young carer from providing inappropriate levels of care. Inappropriate levels of care could mean that a young carer is at risk of harm. For example did you know that:

- As many as 1 in 12 children are estimated to be young carers.
- The average number of school days missed or cut short by young carers because of their caring role is 48.
- Young carers report that they don’t know who they can talk to in schools and 68% of young carers report that they are bullied in schools.
- Young adult carers aged between 16 and 18 years are twice as likely to be NEET (not in education, employment or training).
- Young carers are 50% more likely than their peers to suffer with poor mental health.

If you identify a young carer, please follow the pathway to ensure that they are offered an assessment and appropriate support.

Children First Hubs:

- www.wakefield.gov.uk/schools-and-children/early-help
- Wakefield West: ☎️ 01924 303272  📧 cfhwakefieldwest@wakefield.gov.uk
- Mid Wakefield: ☎️ 01924 307878  📧 cfhmidwakefield@wakefield.gov.uk
- North East: ☎️ 01977 724350  📧 cfhnortheast@wakefield.gov.uk
- South East: ☎️ 01977 722305  📧 cfhsoutheast@wakefield.gov.uk

- The Youth Work Team: ☎️ 01924 302665  📧 www.wfyouth.co.uk
- Wakefield & District Carers: ☎️ 01924 305544  📧 www.carerswakefield.org.uk
- School Nursing: ☎️ 01924 310130  📧 bdh-tr.schoolnursing@nhs.net
- Young Lives: ☎️ 01924 364198  📧 www.ylc.org.uk

Checklist

Consider completing…

- MACA (Multidimensional Assessment of Caring Activities)*
- PANOC (Positive and Negative Outcomes of Caring)*
- School Nursing Referral
- A referral to the Young Carer’s group for 11+
- Three Houses prompt questions for young carers are helpful in focussing assessments.

* These assessment tools are self-report measures to provide scores on the amount of caring activity undertaken by a child or young person and the emotional impact of that caring. These can be downloaded from www.wakefield.gov.uk/schools-and-children/early-help